After close to four decades of declining interest rates and central bank policy rates hitting zero, the combination of quantitative easing policies, low inflation and tepid growth has driven sovereign bond rates to historic lows. The best case today is that rates remain stubbornly low, but there is also the risk that a new reliance on fiscal stimuli could create budget strains that could eventually drive inflation and rates higher. Sourcing income and managing potential income volatility in this new rate regime presents unprecedented challenges for both fixed-income and equity investors.

- Fixed-income investors need to consider that interest rates are just one part of fixed-income investing. Credit quality, currency exposure and inflation present new opportunities and risks.
- Equity investors who rely on dividends for income need to identify companies that are able to initiate and grow dividends. And perhaps more importantly, investors need to pay attention to factors that are harbingers of potential dividend reductions.

Unprecedented low rates

We have just been through an unprecedented experience in the U.S. Treasury bond market (see Exhibit 1). Bond yields rose from under 2% in 1941 to almost 15% in 1982 and then fell back down to under 2% in 2016. Never before had bonds seen such a range. In the late 19th and early 20th centuries, bond yields ranged from 3.1% to 5.6%. Then, bond yields rose along with inflation after World War II and surged in the 1970s, fueled by oil and OPEC, and the cost of fighting two wars — the Vietnam War and a war on social inequities in the U.S. — so called Guns and Butter. By the end of the 1970s, all seemed out of control. And while the experience in the U.S. might have been the most extreme, it was an experience shared by the rest of the developed world.

Exhibit 1: U.S. 10-year bond yields 1871–2019

Regime change 1979: Paul Volcker’s Saturday night massacre

1979 was a bleak year for America. A combination of grim economic news, a declining stock market and soaring inflation and interest rates led President Jimmy Carter to nominate New York Fed President Paul Volcker as Federal Reserve chairman. The Consumer Price Index (CPI) averaged 5.8% in 1970, but over a decade, inflation had steadily crept up, hitting 9% in January 1979. During Volcker’s confirmation hearing in July 1979, the soon-to-be Fed chairman made his intentions clear. With inflation hitting 11%, Volcker pledged to make fighting inflation his top priority (see Exhibit 2).

Exhibit 2: Inflation
01/31/70–07/31/19

Source: OECD, data as of 07/31/19, Columbia Threadneedle Investments

During a rare press conference on the evening of Saturday, October 6, 1979, Volcker announced the results of an unscheduled Federal Open Market Committee (FOMC) meeting held earlier that day. Volcker explained the FOMC would shift its focus to managing the volume of bank reserves in the system instead of trying to manage the day-to-day level of the federal funds rate. As a result of the new focus and the restrictive targets set for the money supply, the federal funds rate reached a record high of 20% in mid-1980 (see Exhibit 3). Inflation peaked at 15% the same year. Meanwhile, the new policy pushed the economy into a severe recession where, amid high interest rates, the jobless rate continued to rise and businesses experienced liquidity problems.¹

Exhibit 3: Central banks key rates
01/31/70–07/31/19


The gross domestic product (GDP) decline troughed in November 1982. At the same time, after hitting its peak in 1980, U.S. inflation began to decline, falling to 5% in September 1982 and then to 2.5% in July 1983. The unemployment rate hit a peak of 10.8% in late 1982 before beginning a steady decline. Volcker’s “Saturday Night Massacre” began the process that successfully brought inflation under control.

A new rate regime: After the zero interest rate policy

By 1993, inflation had fallen to below 5% globally and continued to slide. The 2008 financial crisis brought comprehensive and generally coordinated stimulative policies, including quantitative easing by central banks around the globe. The focus for most of the developed world was to reignite growth rather than having to manage inflation. July 2019 ended with inflation at 0.5% for Japan, just above 1.7% in Germany, at 1.8% in the United States and 2.0% in the U.K.

The fall in bond yields produced a prolonged bull market in bonds (see Exhibit 4). From 1981 through 2017, U.S. 10-year bonds had an average annual return of 8.3%, with double-digit returns in 13 of those years and returns of over 20% in four of them. In 2018, the returns were almost flat, while we are seeing almost a double-digit return in 2019 so far (9% return, as of 07/31/19).

¹ Bill Medley, Federal Reserve Bank of Kansas City, November 22, 2013.
Expectations now are that monetary policy has effectively reached its limits, and fiscal policy needs to be the tool to stimulate growth. But with already large budget deficits (see Exhibit 5), concerns arise that such policies could well prove ineffective in stimulating growth or have a far greater impact on inflation than on growth.

As rates return to more normal levels, investing in fixed income will require looking for sources of return beyond just interest rates. The risk today is that, with bond yields still low, small rate changes result in large volatility, and a modest uptick in yields would produce negative returns (see Exhibit 7). For example, a 10-year bond with a 2% yield would see that yield wiped out, and a total return of -1.1% with just a 50 basis point rise in yields (a basis point is \(\frac{1}{100}\)th of a percent).

### Exhibit 7: 10-year bond returns

<table>
<thead>
<tr>
<th>10-year bond starting yield (%)</th>
<th>One-year return (%) assuming change in yield of . . .</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>+25 bp</td>
</tr>
<tr>
<td>1.00</td>
<td>-0.2</td>
</tr>
<tr>
<td>1.50</td>
<td>0.4</td>
</tr>
<tr>
<td>2.00</td>
<td>0.9</td>
</tr>
<tr>
<td>2.50</td>
<td>1.4</td>
</tr>
<tr>
<td>3.00</td>
<td>2.0</td>
</tr>
<tr>
<td>3.50</td>
<td>2.5</td>
</tr>
<tr>
<td>4.00</td>
<td>3.0</td>
</tr>
<tr>
<td>4.50</td>
<td>3.6</td>
</tr>
<tr>
<td>5.00</td>
<td>4.1</td>
</tr>
</tbody>
</table>

Source: Columbia Threadneedle Investments
Income strategies need to be reexamined as the recent U.S. central bank actions are viewed as a mid-cycle adjustment. U.S. policymakers will remain flexible and focus on the incoming economic data for the outlook, while developed markets outside the U.S. may linger at the zero/negative interest rate policy (ZIRP.)

Bond market opportunities: Managing interest rate risk in context

Interest rates are just one part of fixed-income investing. There are three other sources of risk and return — credit quality, currency exposure and inflation. Global bond markets are composed of multiple risk factors that perform well at different periods throughout economic cycles. With the uncertain future path of interest rates, a flexible approach should allow investors the opportunity to generate income from a variety of different sources while focusing the portfolio’s risks on the areas that offer the most attractive relative value.

Exhibit 8 illustrates two primary points:

■ Bond market risk factors are not highly correlated.
■ Every year, something works. It’s not an all-or-nothing game — whether to be in or out of the bond market — but one of strategic and tactical repositioning to drive the best outcome.

That’s where it gets tricky. Accurately forecasting what factor will work at any one time is not easy. Exhibit 8 depicts historic annual returns for each of the four risk factors. For example:

■ 2008 flight to quality was a good year for duration but bad for credit.
■ 2009 renewed risk sentiment was good for credit but bad for duration.
■ Inflation performs poorly in 2008 and bounces back in 2009.
■ 1997 currency risk, as the Asian currency crisis causes flight to safety in the U.S. dollar.

* Credit factor returns were -34.84% in 2008 and 59.85% in 2009. These data points were truncated to fit on the chart.


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THE NEW RATE REGIME: MANAGING INCOME AND INCOME VOLATILITY

Exhibit 9: Risk factors

Duration
Duration, or interest rate risk, represents the price volatility of a long-term investment as prevailing market interest rates change.

Credit
Credit risk represents the risk of default for lending to a private corporation, consumer or risky sovereign country.

Inflation
Inflation risk is driven by actual and expected changes in consumer prices.

Currency
Foreign currency risk is driven by fluctuations in exchange rates.


It is easy for an investor to misunderstand the risk associated with a fixed-income investment, although this can have significant portfolio strategy implications. A look at the risk composition of some common bond indices is revealing (see Exhibit 10). For most domestic, investment-grade indices, an investor should expect most of the risk to come from duration, or interest rate risk. This is not surprising when you consider that the Bloomberg Barclays U.S. Aggregate Bond Index has a large portion of its market value in government-backed debt. However, investors in Treasury inflation-protected securities (TIPS) or investment-grade corporate bonds may be surprised to learn that much of their return is still derived from duration. This is because changes in government bond yields explain a large portion of the return of these high-quality asset classes.

The story changes further down the risk spectrum. Below-investment-grade securities, like high-yield bonds and bank loans, derive most of their volatility from credit risk. This is because changes in corporate credit metrics and default probabilities account for most of the performance of these sectors. However, some investors may be surprised to learn that duration risk is low in both asset classes despite the fixed-rate nature of high-yield bonds vs. the floating-rate nature of bank loans. In international markets, currency risk drives a significant portion of the volatility profile. In fact, currency risk explains more than half of the performance volatility of the Bloomberg Barclays Global Aggregate Index.

As our colleagues Gene Tannuzzo and Gordon Bowers concluded in their paper, “Low yields and interest rate uncertainty make the current fixed-income environment challenging.” Nevertheless, most investors still need bonds in their portfolios. When allocating to fixed income, we believe that the best starting point is selecting the risk factors to which an investor wants exposure and then choosing the appropriate alpha sources. Importantly, not all bond market risks are undesirable. In particular, investors should seek opportunities presented by bond market risk factors beyond duration. **Today’s bond market offers profitable total return opportunities for investors who are able to allocate their risk budgets efficiently.**

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Equity market opportunities: Sustainable dividends for income

When looking to equities for income, in this more challenging rate environment, it is important to seek companies with the ability to sustain dividend payouts. We believe companies likely to offer sustainable dividend income are those with:

■ Strong balance sheets with limited debt and ample free cash flow
■ Business models that incorporate environmental, social and governance (ESG) measures, which should reduce event risk that could affect stock prices and dividend payout

Stocks with solid, relatively higher dividend yields that are growing and attributes indicating the dependability of those dividends can be combined with an ESG factor to create an income portfolio positioned for long-term success.

Dividends are an important part of total return and have historically proven to be a consistent source of returns throughout each decade (see Exhibit 11).
Companies that are able to initiate and grow dividends have outperformed. Dividend growers and initiators (those companies in the S&P 500 Index that have either grown their cash dividend or initiated one over the prior 12 months) have had an annual average gain of 9.9%. Non-dividend-paying stocks (those that have not paid dividends in the prior 12 months) have only had an average annual return of 2.8%, and the S&P 500 Geometric Equal-Weighted Total Return Index had an average annual return of 7.6%. (See Exhibit 12.)

Source: Ned Davis Research as of December 31, 2018, updated annually. Past performance is not a guarantee of future results.
Selecting dividend growers/initiators can be improved upon by avoiding companies that reduce their dividends before that action. The impact of a dividend cut is twofold: both income and total return are affected (i.e., not only is the dividend income lost, but the stock’s price also declines). Importantly, investors feel the pain before a dividend cut is announced (see Exhibit 13), which is why it is critical to look for factors that may indicate the health of a company and how likely it is to maintain its dividend yield.

Exhibit 13: The impact of a dividend cut

<table>
<thead>
<tr>
<th>Company performance</th>
<th>-1-year</th>
<th>+1-week</th>
<th>+1-month</th>
<th>+3-month</th>
<th>+6-month</th>
<th>+1-year</th>
</tr>
</thead>
<tbody>
<tr>
<td>Average outperformance (%)</td>
<td>-19.5</td>
<td>-0.4</td>
<td>0.1</td>
<td>3.3</td>
<td>10.5</td>
<td>19.4</td>
</tr>
<tr>
<td>Average total return (%)</td>
<td>-31.3</td>
<td>-0.3</td>
<td>0.8</td>
<td>6.3</td>
<td>18.3</td>
<td>34.4</td>
</tr>
</tbody>
</table>

Source: Wolfe Research Accounting & Tax Policy Research; Company filings; Bloomberg; Standard & Poor’s; FactSet; Columbia Management Investment Advisers, LLC as of March 2019. Note: Universe includes Russell 3000 companies, ex-$250m market capital companies since 1995. Measurement date from five days after the cut announcement.

We believe income-related metrics, such as dividend yield and dividend growth, as well as gauges of dependability and quality, such as free cash flow or net income, are predictive of dividend sustainability.

- Dividend-paying stocks outperform over time, but investors should not concentrate only in high-yielding sectors. Dividend growth is an important driver of return.
- Dividend growers both outperform and provide sustainable income. We believe that free cash flow is the best indicator of the ability to grow dividends.

While over the long term dividend growers and initiators have outperformed the S&P 500 (see Exhibit 12), we believe that using the above metrics of dividend sustainability can help materially. Additionally, business models that incorporate ESG measures should reduce event risk, which could affect stock prices and dividend payout.

Strategy for a new rate regime

Sourcing income and managing potential income volatility in the new rate regime presents unprecedented challenges for investors. Fixed-income investors need to consider that interest rates are just one part of fixed-income investing. There are three other sources of risk and return: credit quality, currency exposure and inflation. Equity investors who turn to dividends for income need to identify companies that are able to initiate and grow dividends and pay attention to signs of potential dividend reductions.
Definitions: The Barclays Global Aggregate Index is an unmanaged broad-based, market-capitalization-weighted index that is designed to measure the broad global markets for U.S. and non-U.S. corporate, government, governmental agency, supranational, mortgage-backed and asset-backed fixed-income securities. The Barclays Investment-Grade Corporate Index includes dollar-denominated debt from U.S. and non-U.S. industrial, utility and financial institution issuers. Subordinated issues, securities with normal call and put provisions and sinking funds, medium-term notes (if they are publicly underwritten) and 144A securities with registration rights and global issues that are SEC-registered are included. Structured notes with embedded swaps or other special features, as well as private placements, floating-rate securities and eurobonds, are excluded from the index. The Barclays U.S. Aggregate Bond Index is a market-value-weighted index that tracks the daily price, coupon, pay-downs and total return performance of fixed-rate, publicly placed, dollar-denominated and non-convertible investment-grade debt issues with at least $250 million per amount outstanding and with at least one year to final maturity. The Barclays U.S. Corporate High Yield Bond Index is composed of fixed-rate, publicly issued, non-investment-grade debt. The Barclays U.S. Government Inflation-linked Bond Index includes publicly issued, U.S. Treasury inflation-protected securities that have at least one year remaining to maturity on index rebalancing date, with an issue size equal to or in excess of $500 million. The S&P 500 Index is a broad-based measure of U.S. stock market performance. The S&P 500 Geometric Equal-Weighted Total Return Index is the equal-weight version of the widely used S&P 500 Index. The S&P/LSTA Leveraged Loan Index reflects the market-weighted performance of institutional leveraged loans based upon real-time market weightings, spreads and interest payments. It is not possible to invest directly in an index.

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